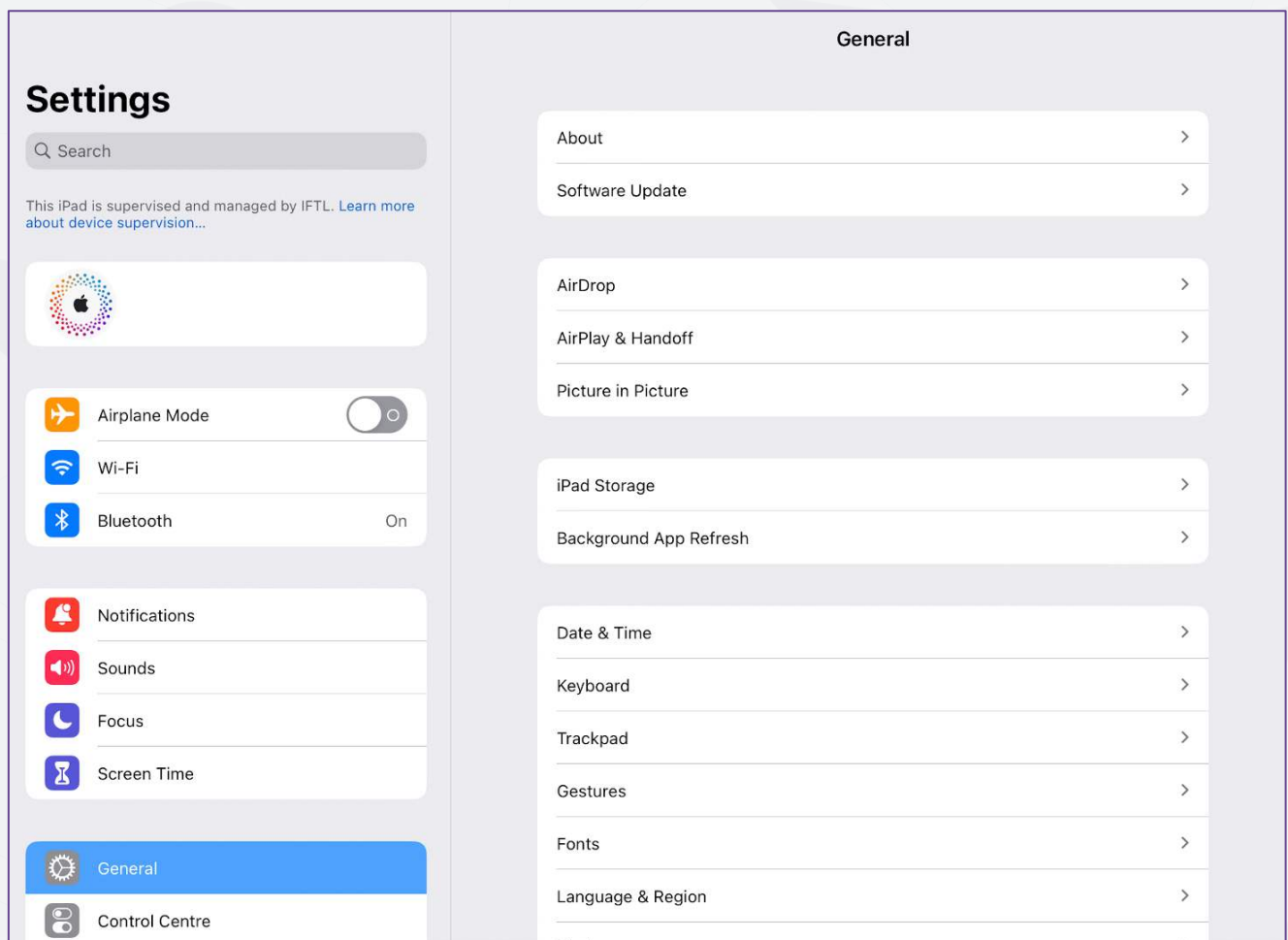# Guide to using Screen Time functionality

Learn more about the Screen Time functionality available on the iPad and how it can be used to educate the children on best practice, schedule time away from the screen, and set time limits for apps.
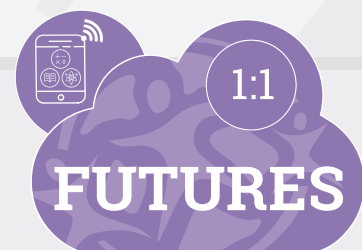
It is important to note that any restrictions or limits set using the Screen Time functionality should not impact on the use of the iPad using the school day.

Step 1: Open the settings application on the iPad.

Inspiring Futures through Learning

1:1 FUTURES

Step 2: Select Screen Time from the options on the left.

Step 3: Decide what function you want to use. Click on the options below to find out more:

Understanding and analysing usage.
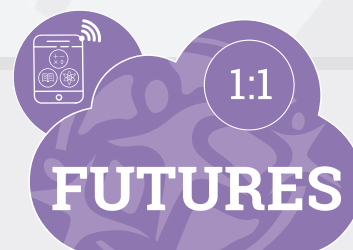
Schedule time away from the screen.

Set time limits for applications.

Use Screen Time Passcode.

Inspiring Futures through Learning

1:1 FUTURES

1. Understanding and analysing usage

Step 1: Click on See All Activity.

Step 2: Review the Most Used categories to learn more about the usage. This is an excellent opportunity to discuss how the iPad is being used and what for.

Inspiring Futures through Learning

1:1 FUTURES

2. Schedule time away from the screen

Step 1: Select Downtime from the options on the right.

Step 2: Click the button to schedule downtime and choose the timings from and to using the scrolling times.

Settings

🔍 Search

This iPad is supervised and managed by IFTL. Learn more about device supervision...

✈️ Airplane Mode
📶 Wi-Fi
🔵 Bluetooth   On

🔔 Notifications
🔊 Sounds
🌙 Focus
⏳ Screen Time

⚙️ General
🎛️ Control Centre

< Screen Time   **Downtime**

During downtime, only apps you choose to allow and phone calls will be available.

Ignore Downtime Until Schedule

Give more screen time without adjusting your schedule.

Scheduled   [ON]

Scheduled turns on downtime for the time period you select. A downtime reminder will appear five minutes before downtime.

Every Day   ✓
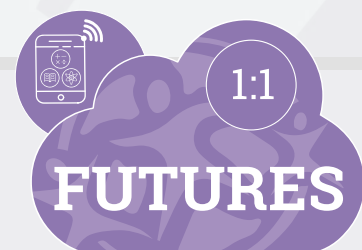Customise Days

From   18:00
To   08:00

05   57
06   58
07   59
08   00
09   01
10   02
11   03

Downtime will apply to this device. A downtime reminder will appear five minutes before downtime begins.

Inspiring Futures through Learning

1:1 FUTURES

3. Set time limits for applications

Step 1: Select App Limits from the options on the right.

Step 2: Click Add Limit from the options on the right.

Settings

This iPad is supervised and managed by IFTL. Learn more about device supervision...

- Airplane Mode
- Wi-Fi
- Bluetooth — On
- Notifications
- Sounds
- Focus
- Screen Time
- General
- Control Centre

< Screen Time

App Limits

Set daily time limits for app categories you want to manage. Limits reset every day at midnight.

Add Limit
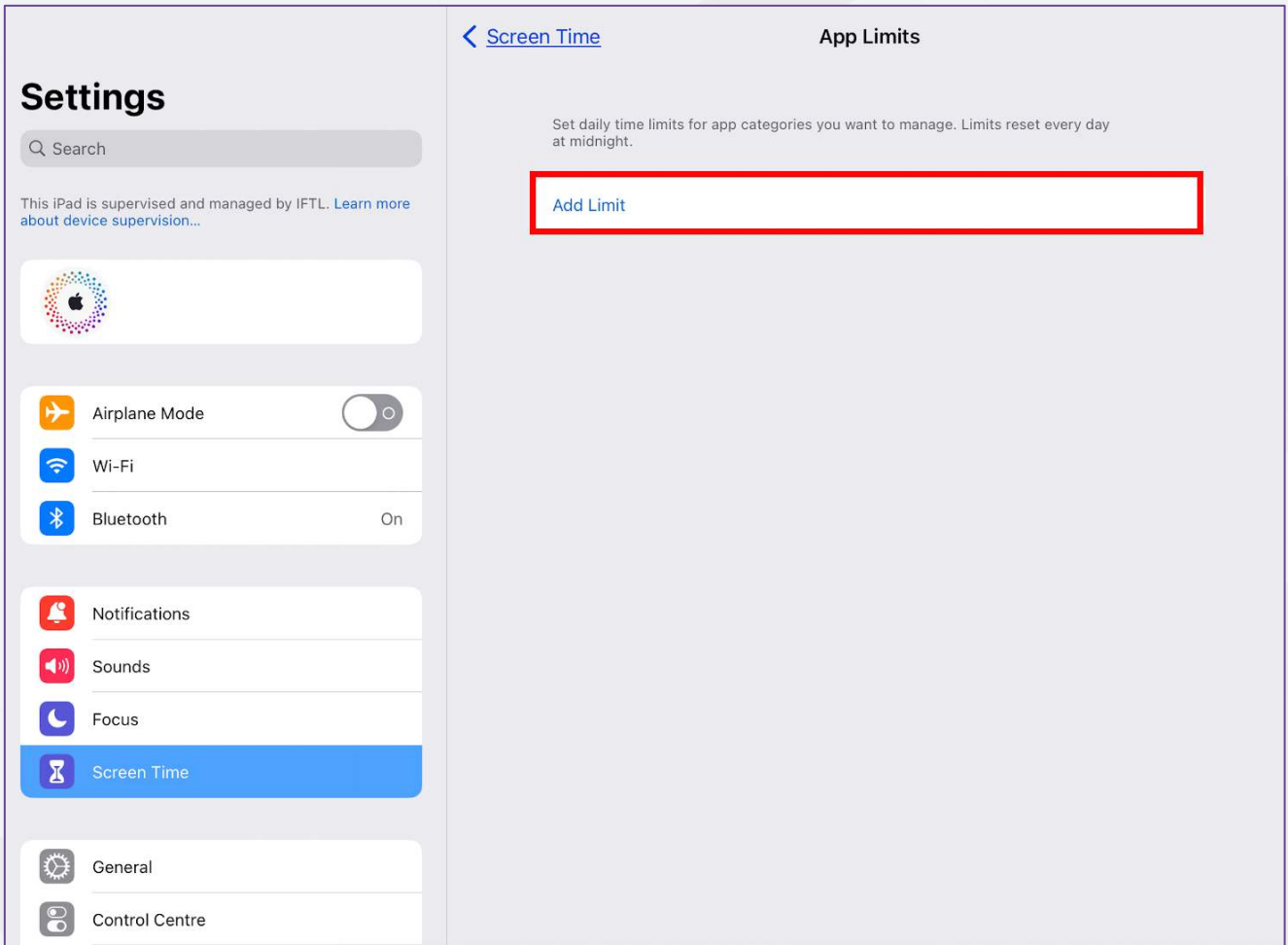
Inspiring Futures through Learning

1:1 FUTURES

Step 3: Choose the categories or the individual application that you wish to limit.

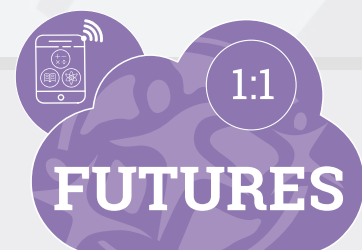You can search for a specific app to limit here.
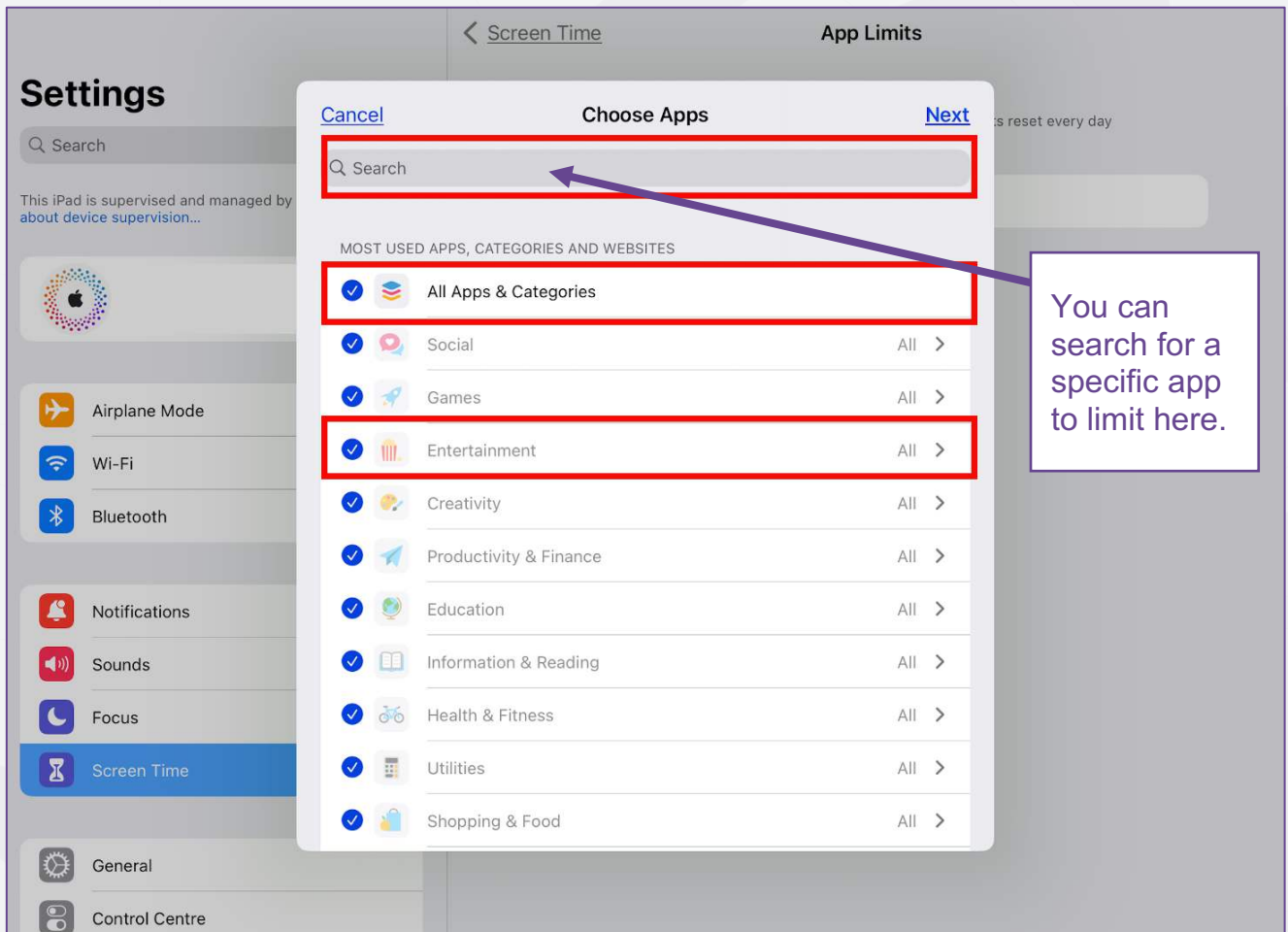
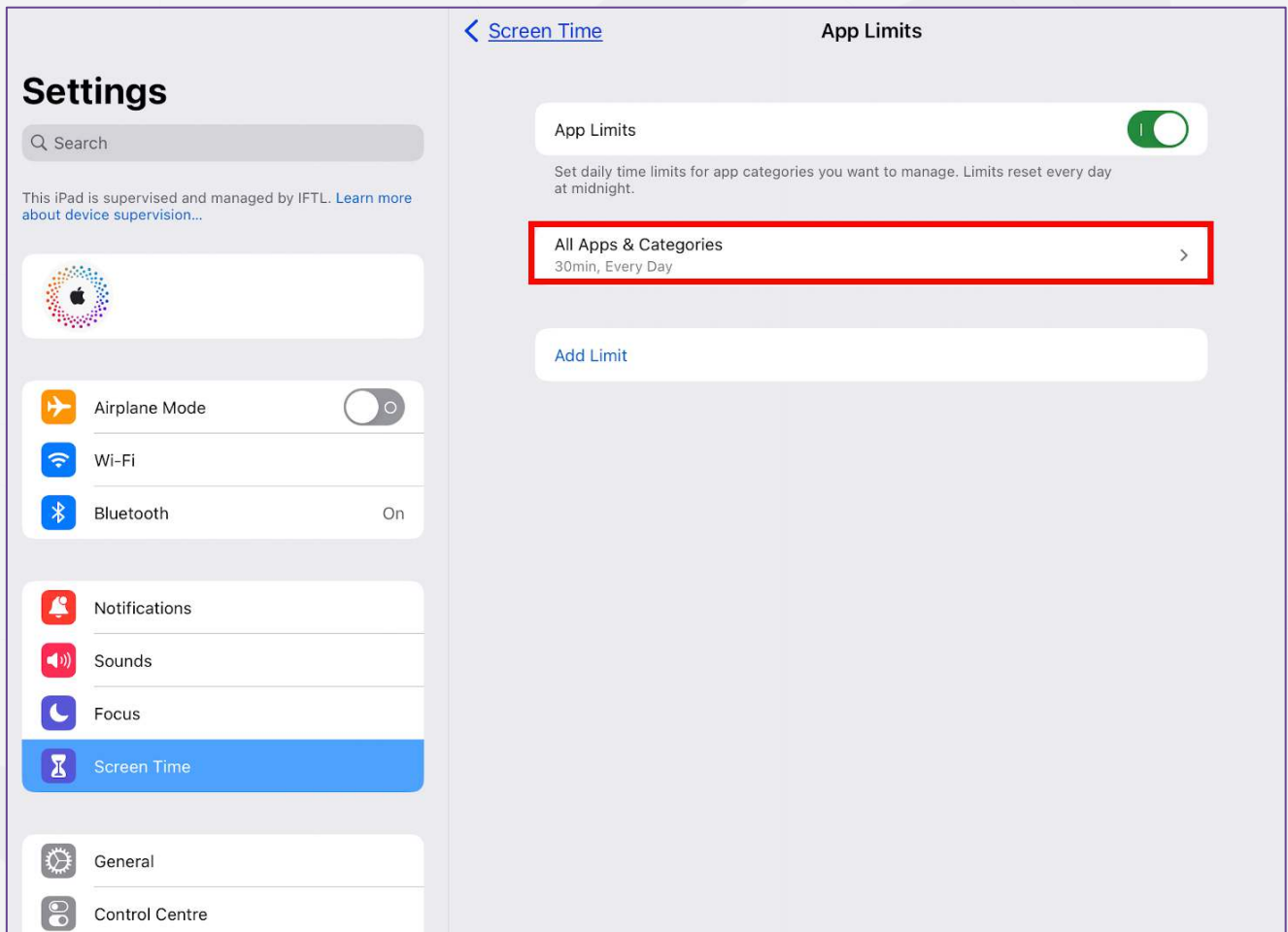Inspiring Futures through Learning

FUTURES 1:1

Step 4: Use the scrolling time to indicate how long you want your child to be able to use apps within these categories for. You can also customise this to the days you want.
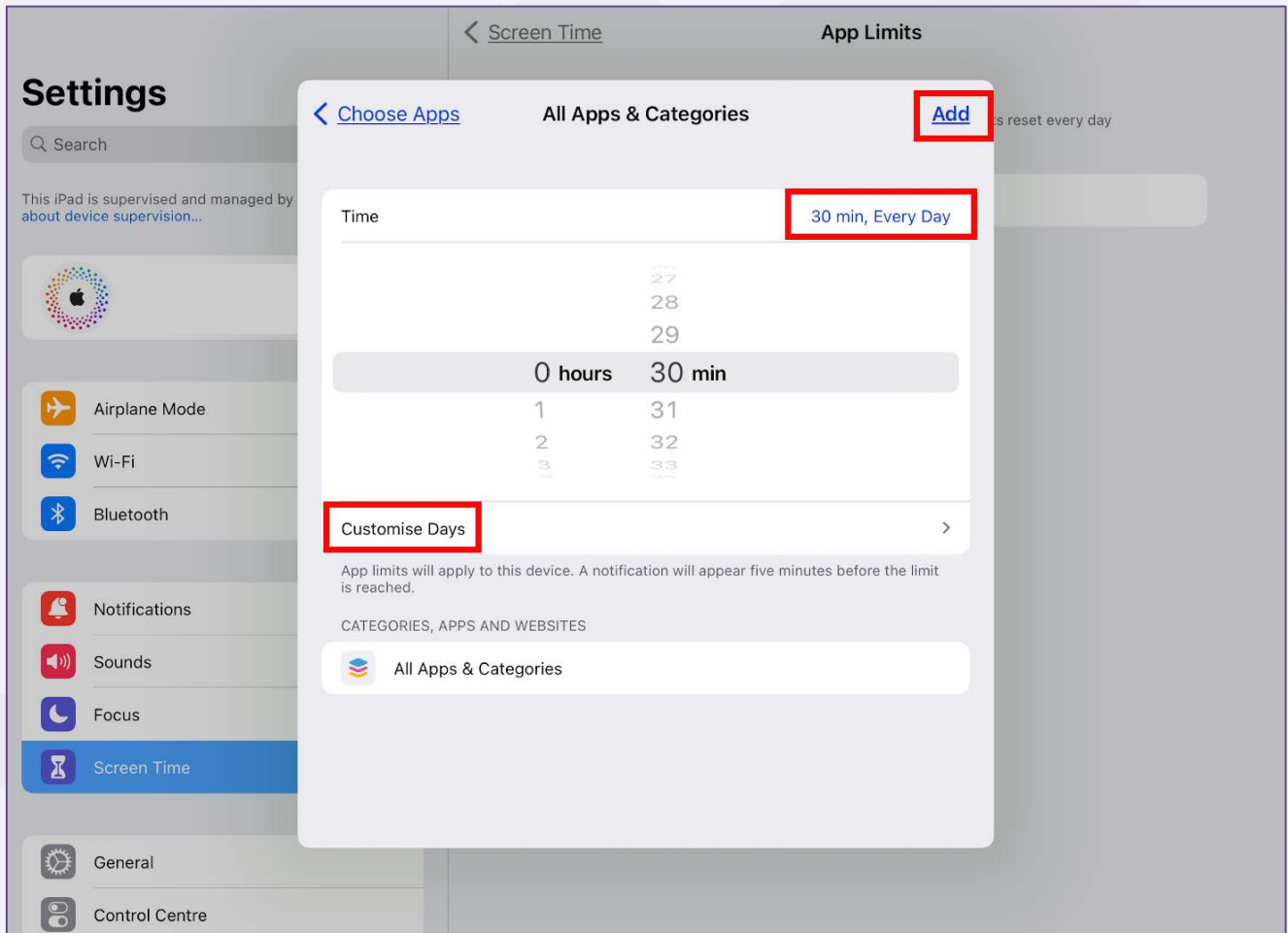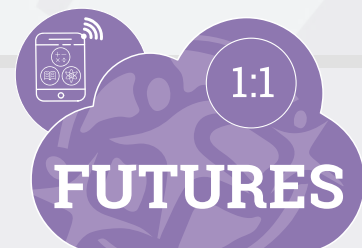
Step 5: Check that your limit has been set. You can have multiple limits in place if you wish.

4. Use Screen Time Passcode

Step 1: Select Use Screen Time Passcode from the options on the right.

Step 2: Set passcode which will be required to extend the restrictions set or to overrule them.

Settings

Search

This iPad is supervised and managed by IFTL. Learn more about device supervision...

Airplane Mode

Wi-Fi

Bluetooth   On

Notifications

Sounds

Focus

Screen Time

General

Control Centre

Screen Time

See All Activity   >

Updated today at 00:51

Set Passcode   Cancel

Set a Screen Time Passcode

○ ○ ○ ○

...tings and to allow for more time when limits expire.

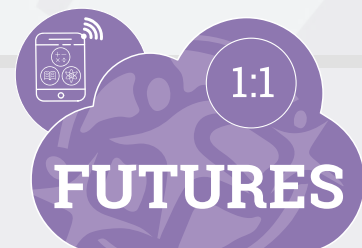...n to iCloud to report your combined screen time.

Set Up Screen Time for Family

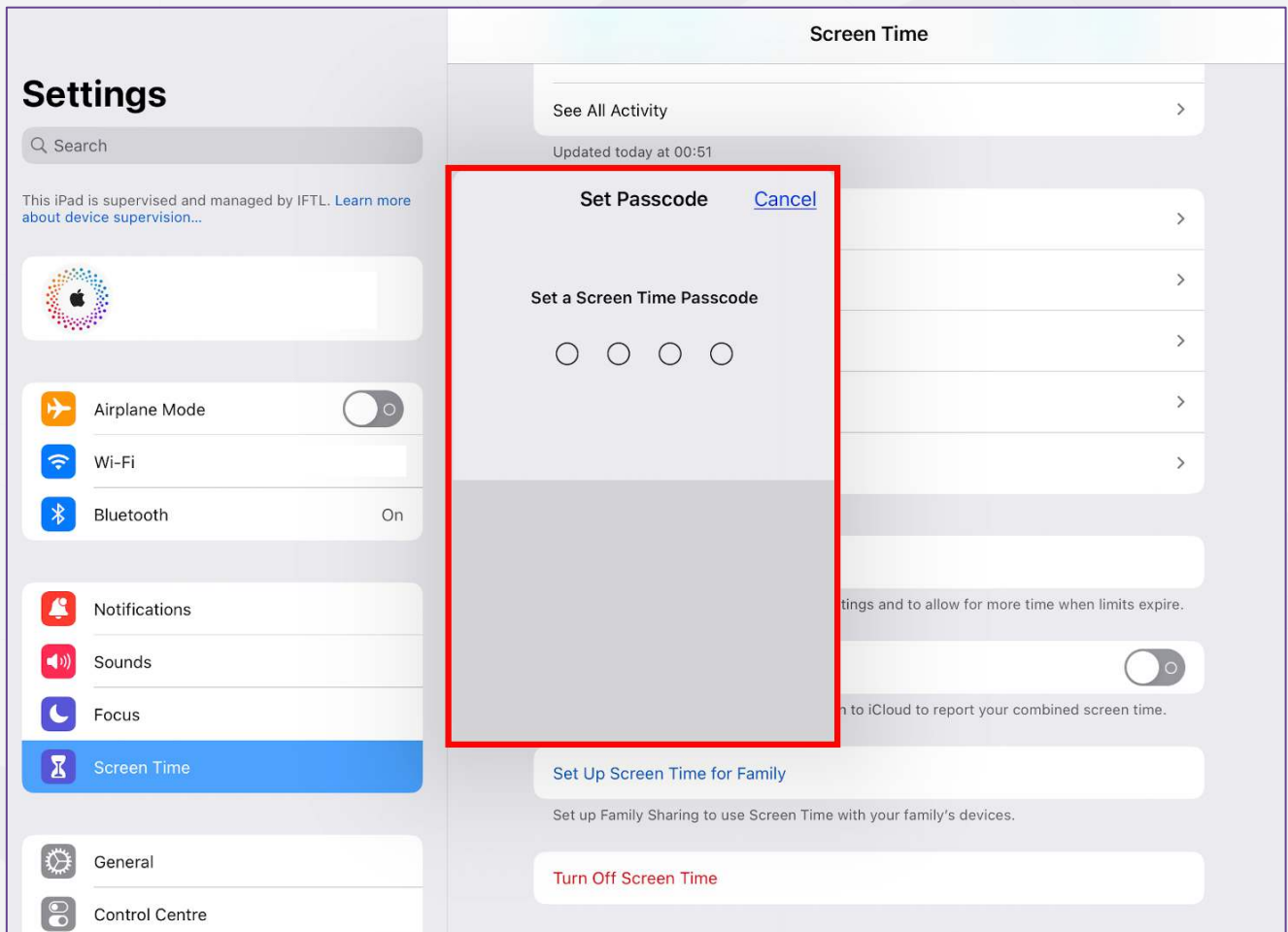Set up Family Sharing to use Screen Time with your family's devices.

Turn Off Screen Time

Inspiring Futures through Learning

1:1 FUTURES